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# Breakfast

# A La Carte

#### **BREAKFAST BASKET - PASTRY ASSORTED**

Muffins, Scones and Croissant Assorted. Served with preserves & butter

#### (Large) \$3.25 / per person

(Small) \$2.25 / per person

#### BREAKFAST BISCUIT SANDWICH

**Cheddar Bacon** Housemade potato and cheddar biscuit, cheese frittata, with chive, cheddar & bacon.

Zucchini & Tomato Housemade potato & cheddar biscuit, cheese, tomato & zucchini frittata (vegetarian)

#### \$7.00 / each

#### BREAKFAST WRAP - SCRAMBLE, POTATO, & HAM (MIN 6)

Flour tortilla (10") filled with hash browns, diced ham, scramble eggs, cheese & tomato sauce.

#### \$7.00 / each

#### CAKES - FRUIT BREAD & COFFEE CAKE

an assortment that changes with the seasons and the whims of our pastry chefs

#### \$3.00 / each

#### CEREALS - MIXED WITH YOGURT

various boxed healthy cereals, house-made granola, milk  $\&\ \mbox{assorted}$  individual yogurts

#### \$5.00 / each

**CROISSANT - WITH PRESERVES** All butter croissants served with fresh preserves & butter

\$3.25 / each

#### FRUIT SKEWER - KEBAB - LARGE (MIN 12)

Seasonal fruit skewer

\$3.50 / each

#### MUFFINS

**Banana punch** Banana muffins topped with a candied walnut crumble.

**blueberry cream-Cheese** Housemade blueberry & cream-cheese muffins.

**bread pudding** individual bread pudding muffins with brandy, currants & dried apricots

#### \$2.50 / each

#### QUICHE

**Breakfast Sun-Dried Tomato, Basil, Feta 5**" asparagus, mushroom, & white cheddar quiches (5")

**Breakfast Bacon, Cheddar, and Chive 5"** housemade quiche with a savoury bacon, aged cheddar, and chive.

**Breakfast Smoked Salmon, Dill, and Creamy Feta 5**" housemade quiche with a rich custard, cold smoked salmon, dill, and feta

#### \$8.00 / each

SCONES Cheese and Chive, Chocolate, Currant, Ginger and Orange, Original

\$2.75 / each

#### TURNOVER

Mushroom & Herb Cream Cheese (Min 6) Savoury breakfast turnover with mushrooms, and herb cream cheese.

Spinach & Feta Cheese (Min 6) Savoury turnover with spinach and feta cheese.

Sundried Tomato & Goat Cheese (Min 6) Savoury turnover with sun dried tomato & goats cheese

\$3.50 / each

VIENNOISERIE BASKET

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Butter croissant, pain au chocolat. raisin swirl, double chocolate swirls, assorted fruit danishes, almond croissant and apple turnover.

#### (Large) \$3.25 / per person (Small) \$2.25 / per person

WHOLE FRUIT

#### Whole Apple, Banana, Orange, or Pear

\$1.50 / each

#### YOGURT PARFAIT WITH FRUIT (MIN 4)

Almond granola, honey yogurt and fresh seasonal fruit salad presented in a glass.

\$5.50 / each

# Breakfast Kits

### Breakfast Biscuits Kit

### \$13.50 per serving

#### **BREAKFAST BISCUIT SANDWICH - CHEDDAR BACON**

Housemade potato and cheddar biscuit, cheese frittata, with chive, cheddar & bacon.

#### PLATTER - SEASONAL FRUIT SELECTION

grapes, blackberries, raspberries, blueberries, plus pineapples, assorted melons \*items may change based on availability

#### CHILLED BEVERAGES - BREAKFAST JUICES

### Breakfast Hot Wrap Kit

### \$13.50 per serving

#### BREAKFAST WRAP - SCRAMBLE, POTATO, & HAM (MIN 6)

Flour tortilla (10") filled with hash browns, diced ham , scramble eggs. cheese and tomato sauce.

#### PLATTER - SEASONAL FRUIT SELECTION

grapes, blackberries, raspberries, blueberries, plus pineapples, assorted melons \*items may change based on availability

#### CHILLED BEVERAGES - BREAKFAST JUICES

### Breakfast Quiche 5" Kit

### \$12.50 per serving

**QUICHE - BREAKFAST SUNDRIED TOMATO, BASIL, FETA 5**" sundried-tomato, basil, and feta - custard quiche (5")

#### PLATTER - SEASONAL FRUIT SELECTION

grapes, blackberries, raspberries, blueberries, plus pineapples, assorted melons \*items may change based on availability

#### CHILLED BEVERAGES - BREAKFAST JUICES

### Breakfast Savoury Turnovers Kit

#### \$7.50 per serving

**TURNOVER - MUSHROOM & HERB CREAM CHEESE (MIN 6)** Savoury breakfast turnover with mushrooms, and herb cream cheese.

**TURNOVER - SPINACH & FETA CHEESE (MIN 6)** Savoury turnover with spinash and feta cheese.

**TURNOVER - SUNDRIED TOMATO & GOAT CHEESE (MIN 6)** Savoury turnboer with sun dried tomato & goats cheese

**PLATTER - SEASONAL FRUIT SELECTION** grapes, blackberries, raspberries, blueberries, plus pineapples, assorted melons \*items may change based on availability

#### CHILLED BEVERAGES - BREAKFAST JUICES

## Continental Breakfast Kit (Large)

### \$7.50 per serving

#### BREAKFAST BASKET - PASTRY ASSORTED (LARGE)

Muffins, Scones and Croissant Assorted. Served with preserves and butter

#### PLATTER - SEASONAL FRUIT SELECTION

grapes, blackberries, raspberries, blueberries, plus pineapples, assorted melons \*items may change based on availability

#### CHILLED BEVERAGES - BREAKFAST JUICES

### Continental Breakfast Kit (Small)

### \$6.50 per serving

#### BREAKFAST BASKET - PASTRY ASSORTED (SMALL)

Muffins, Scones and Croissant Assorted. Served with preserves and butter (Small)

#### PLATTER - SEASONAL FRUIT SELECTION

grapes, blackberries, raspberries, blueberries, plus pineapples, assorted melons \*items may change based on availability

#### CHILLED BEVERAGES - BREAKFAST JUICES

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### Viennoiserie Pastry Kit (Large)

### \$7.75 per serving

#### VIENNOISERIE BASKET (LARGE)

Butter croissant, pain au chocolat. raisin swirl, double chocolate swirls, assorted fruit danishes, almond croissant and apple turnover

#### PLATTER - SEASONAL FRUIT SELECTION

grapes, blackberries, raspberries, blueberries, plus pineapples, assorted melons \*items may change based on availability

#### CHILLED BEVERAGES - BREAKFAST JUICES

### Viennoiserie Pastry Kit (Small)

### \$6.75 per serving

#### VIENNOISERIE BASKET (SMALL)

Butter croissant, pain au chocolat, raisin swirl, double chocolate swirls, assorted fruit danishes, almond croissant and apple

#### TURNOVER (SMALL VERSION)

#### PLATTER - SEASONAL FRUIT SELECTION

grapes, blackberries, raspberries, blueberries, plus pineapples, assorted melons \*items may change based on availability

#### CHILLED BEVERAGES - BREAKFAST JUICES



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# Break Kits (AM & PM)

## Break One Kit (Min 15)

### \$7.00 per serving

#### HOMESTYLE COOKIES - ASSORTED VARIETY

Mixed homestyle cookies, chocolate earl grey, vegan oatmeal raisin, walnut orange, chocolate chip hazelnut.

#### PLATTER - SEASONAL FRUIT SELECTION

grapes, blackberries, raspberries, blueberries, plus pineapples, assorted melons \*items may change based on availability

#### CHILLED BEVERAGES - BOTTLED WATER

Chilled Beverages (Bottled Water) for Packages

## Break Three Kit (Min 15)

### \$6.00 per serving

#### PLATTER - SEASONAL FRUIT SELECTION

grapes, blackberries, raspberries, blueberries, plus pineapples, assorted melons \*items may change based on availability

#### BISCOTTI (2PCS)

Chef biscotti selection, comes in packs of two (2)

#### DESSERTS ASSORTED - SMALL

tarts and squares such as; rocky road, lemon bars, chewy walnut brownies, caramel nut bars, cake squares, nanaimo bars, raspberry cheesecake bars, date squares, and berry tarts

#### CHILLED BEVERAGES - BOTTLED WATER

Chilled Beverages (Bottled Water) for Packages

## Break Two Kit (Min 15)

### \$6.00 per serving

#### CAKES - FRUIT BREAD & COFFEE CAKE

an assortment that changes with the seasons and the whims of our pastry chefs

#### PLATTER - SEASONAL FRUIT SELECTION

grapes, blackberries, raspberries, blueberries, plus pineapples, assorted melons \*items may change based on availability

#### CHILLED BEVERAGES - BOTTLED WATER

Chilled Beverages (Bottled Water) for Packages



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# Lunch & Dinner

# Entrée Salads

#### ALBACORE TUNA

nicoise albacore tuna, green beans, tomato, potato, olive, egg & onion on mixed greens with a red wine vinaigrette

\$16.00 / entree size

#### CAESAR

crisp baby romaine hearts and croutons tossed with a classic house-made Caesar dressing, shavings of grana padano cheese, garlic and lemon

\$11.00 / entree size / Add Roasted Chicken: \$16.00

#### CHICKPEA & QUINOA 'TABBOULEH' (MIN 6)

chickpea, quinoa, kale, parsley, tomato and red onion with a herb vinaigrette

\$10.00 / entree size / Add Roasted Chicken: \$16.00

# Share Salads

#### ASIAN SLAW

red and green cabbage, carrot, radish, cucumber, edamame, green onion and sesame seeds with a miso sesame dressing

#### \$4.25 / per person

#### **BLACK BEAN & CORN**

a mixture of crunchy vegetables, black bean, corn, and a spicy mexican vinaigrette

#### \$4.50 / per person

#### CAESAR (MIN 6)

crisp baby romaine hearts and croutons tossed with a classic housemade Caesar dressing, shavings of grana padano cheese, garlic and lemon

\$5.25 / per person

#### ROASTED YELLOW & RED BEET

roasted golden and red beets, macedonian feta cheese, mixed greens, fennel, candied walnuts, with a citrus herb vinaigrette.

\$10.00 / entree size / Add Roasted Chicken: \$16.00

#### SEASONAL GREEN

organic mesclun greens, cucumber, red-peppers, baby radish, pumpkin seeds, green onion, dried cranberries, with a herb vinaigrette

\$10.00 / entree size / Add Roasted Chicken: \$16.00

#### CHICKPEA & QUINOA 'TABBOULEH' (MIN 6)

chickpea, quinoa, kale, parsley, tomato and red onion with a herb vinaigrette

\$4.50 / per person

#### GREEK

cucumber, pepper, red onions and tomato, olives and feta cheese, fresh herb, red wine & garlic vinaigrette

\$4.50 / per person

#### **HEARTY SEASONAL**

mixed greens, cabbage, a mix of spiralled veggies and other veggies, beans, and a seasonal dressing.

#### \$4.50 / per person

#### **POWER SALAD**

chopped broccoli, grated carrot, quinoa, green lentils, chickpeas, and toasted almonds with a citrus mint vinaigrette

\$4.50 / per person

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#### RED NUGGET POTATO & GREEN BEAN

red nugget potatoes with french green beans and julienned peppers, grainy dijon dressing

#### \$4.50 / per person

#### **ROASTED ROOT VEGETABLES**

roasted root vegetables with a balsamic dressing and shaved grana padano

\$4.50 / per person

#### ROASTED YELLOW & RED BEET (MIN 6)

roasted golden and red beets, macedonian feta cheese, mixed greens, fennel, candied walnuts, with a citrus herb vinaigrette.

\$5.50 / per person

#### SEASONAL GREEN (MIN 4)

RED PEPPER TOMATO SOUP (MIN 8)

Vine ripened tomate and rep pepper soup

THAI CORN & COCONUT SOUP (MIN 8)

slight kick of spice. 10oz Portion

organic mesclun greens, cucumber, red-peppers, baby radish, pumpkin seeds, green onion, dried cranberries, with a herb vinaigrette

a light thai flavoured corn and 'Maple Hill Farms' chicken soup with a

\$4.50 / per person

\$5.25 / per person

\$6.00 / per person

# Soups

#### BUTTERNUT SQUASH AND CAULIFLOWER SOUP (MIN 8)

silky smooth butternut squash and cauliflower soup with fall spices and garlic croutons. 10oz Portion.

\$5.25 / per person

#### CREAM OF WILD MUSHROOM (MIN 8)

creamed wild mushroom soup with a slash of sherry

\$5.25 / per person

#### ITALIAN MINESTRONE (VEGAN) (MIN 8)

A traditional tomato based Italian Soup. Vegan

\$5.25 / per person

# Sandwiches, Wraps & Baguettes

#### DELI SANDWICH - BASKET (MIN 4)

served on a variety of breads & buns with a variety of fillings including, house roasted beef with havarti, harissa roasted chicken with feta, roasted veggie with hummus (vegan available), house made albacore tuna (we cook our own tuna and don't use canned!), all natural 'Fraser Valley' hamand edam

\$7.00 / each

#### **CROISSANT SANDWICHES (MIN 6)**

Same filling as the deli basket sandwiches, but on butter croissants. Vegetarian options included. Vegan available.

\$7.50 / each

#### "CYO" CREATE YOUR OWN SANDWICH (MIN 6)

Our sandwich fillings as well as additional cold cuts, pickles, cheese, olives, lettuce, tomatoes, cucumbers and condiments. Served on rustic bread slices and buns.

\$9.00 / per person

#### BAGUETTES - MIXED SELECTION (MIN 4)

served on soft white baguettes with a variety of combinations: house roasted beef with havarti, harissa roasted chicken with feta, roasted veggie with hummus (vegan available), house made albacore tuna (we cook our own tuna and don't use canned!), all natural 'Fraser Valley' hamand edam \$8.00 / each

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#### WRAP - ASSORTED (MIN 4)

Mixed wraps: mediterranean chicken with cucumber, tomato, peppers, onion and feta, southwestern beef with corn and bean, and hearty vegan with broccoli, lentil and chickpeas

\$7.25 / each

#### **GLUTEN FREE - WHITE / BROWN BREAD**

DC - gluten free White or Brown Bread sandwich - put filling into the notes, as well as type of bread. \$8.00 / each

#### MINI SANDWICHES (MIN 6)

Mini sandwich buns, filled with a variety of fillings, including vegetarian options. \$3.00 / each

#### TEA SANDWICHES - ASSORTED (MIN 24)

A variety of open faced, and mini closed sandwiches, presented elegantly. (48 Hours Notice) **\$2.25 / each** 

# Lunch Bowls (Room Temp)

#### CARNE ASADA (MIN 4)

Thinly sliced grilled beef with corn & bean salad, and crisp tortilla chips

\$15.00 / each

#### GRILLED CHICKEN BREAST WITH GREEK SALAD (MIN 4)

grilled chicken breast, romesco sauce (roasted red peppers, smoked paprika, almonds and garlic), with Greek salad, and seasonal veg.

#### \$15.00 / each

#### GRILLED TOFU (MIN 4)

marinated tofu, grilled with red peppers, pickled shitake mushrooms and fresh edamame beans, rice noodles and sesame seeds with a soy and honey glaze. VEGAN.

#### \$15.00 / each

#### PORTOBELLO MUSHROOMS WITH SQUASH (MIN 4)

marinated portobello mushroom caps grilled until tender, spaghetti squash, feta, pickled red onion and pine nut. (vegetarian)

\$15.00 / each

#### SUNDRIED TOMATO CHICKEN BREAST (MIN 4)

Roasted chicken breast with sundried tomato pesto, chickpea and quinoa tabouleh, topped with macedonian feta cheese

\$15.00 / each

#### TUNA NICOISE (MIN 4)

classic albacore tuna 'nicoise' salad, with boiled egg, potatoes, green beans, tomatoes, cucumber, and a seasonal dijon dressing

\$16.00 / each

# Lunch & Dinner Kits (Hot)

## Beef | Braised Short Ribs Kit

### \$20.00 per serving

#### BEEF - BRAISED SHORT RIBS (MIN 8)

'Sterling Silver' grass-fed beef short ribs, braised in dark soy, ginger, and star anise, baby carrots and braised daikon

#### WILD RICE PILAF

fragrant wild and basmati rices cooked in a flavourful vegetable broth with dried cranberries

#### SEASONAL GREEN

organic mesclun greens, cucumber, red-peppers, baby radish, pumpkin seeds, green onion, dried cranberries, with a herb vinaigrette

#### DESSERTS ASSORTED - SMALL

tarts and squares such as; classic lemon tarts, apple cinnamon tarts, chocolate mousse cake, chocolate ganache tarts, berry cheesecake, nougat, macarons, and classic bars. Changes seasonally.

## Chicken | Baked & Pasta Kit

### \$16.00 per serving

#### CHICKEN - BAKED PASTA PRIMAVERA (MIN 6)

Baked chicken with fresh vegetables in a roasted onion cream sauce

#### SEASONAL GREEN

organic mesclun greens, cucumber, red-peppers, baby radish, pumpkin seeds, green onion, dried cranberries, with a herb vinaigrette

#### ARTISAN BREAD AND BUTTER

mixed bread from Terra Breads, served with sea salt and butter

#### DESSERTS ASSORTED - SMALL

tarts and squares such as; classic lemon tarts, apple cinnamon tarts, chocolate mousse cake, chocolate ganache tarts, berry cheesecake, nougat, macarons, and classic bars. Changes seasonally.

## Chicken | BBQ & Salad Kit

### \$17.00 per serving

#### CHICKEN - BBQ BREAST (MIN 6)

Grilled chicken breast basted with a tangy house-made BBQ Sauce.

#### SALAD - GREEK SALAD

cucumber, pepper, red onions and tomato, olives and feta cheese, fresh herb, red wine & garlic vinaigrette

#### PLATTER - SEASONAL FRUIT SELECTION

grapes, blackberries, raspberries, blueberries, plus pineapples, assorted melons \*items may change based on availability

#### HOMESTYLE COOKIES - ASSORTED VARIETY

Mixed homestyle cookies, chocolate earl grey, vegan oatmeal raisin, walnut orange, chocolate chip hazelnut.

## Chicken | Classic Roasted Kit

### \$18.00 per serving

#### CHICKEN - CLASSIC ROASTED (MIN 6)

'maple hill' chicken legs and thighs roasted with garlic, thyme, olive oil, white wine and honey

#### WILD RICE PILAF

fragrant wild and basmati rices cooked in a flavourful vegetable broth with dried cranberries

#### **ROASTED CARROTS**

baby carrots roasted with olive oil, garlic and a touch of brown sugar

#### SEASONAL GREEN

organic mesclun greens, cucumber, red-peppers, baby radish, pumpkin seeds, green onion, dried cranberries, with a herb vinaigrette

#### DESSERTS ASSORTED - SMALL

tarts and squares such as; classic lemon tarts, apple cinnamon tarts, chocolate mousse cake, chocolate ganache tarts, berry cheesecake, nougat, macarons, and classic bars. Changes seasonally.

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## Chicken | Coq Au Vin Kit

### \$18.00 per serving

#### CHICKEN - COQ AU VIN (MIN 8)

a classic french style stew with 'Maple Hill Farms' chicken leg, red wine, shallots and mushrooms

#### WILD RICE PILAF

fragrant wild and basmati rices cooked in a flavourful vegetable broth with dried cranberries

#### SEASONAL GREEN

organic mesclun greens, cucumber, red-peppers, baby radish, pumpkin seeds, green onion, dried cranberries, with a herb vinaigrette

#### DESSERTS ASSORTED - SMALL

tarts and squares such as; classic lemon tarts, apple cinnamon tarts, chocolate mousse cake, chocolate ganache tarts, berry cheesecake, nougat, macarons, and classic bars. Changes seasonally.

## Chicken | Stir Fry Noodle Kit

### \$17.00 per serving

#### CHICKEN - NOODLE STIR FRY (MIN 6)

Chicken stirfry with udon noodles, cabbage, fresh vegetables, sweet soy, ginger and garlic

#### SEASONAL GREEN

organic mesclun greens, cucumber, red-peppers, baby radish, pumpkin seeds, green onion, dried cranberries, with a herb vinaigrette

#### DESSERTS ASSORTED - SMALL

tarts and squares such as; classic lemon tarts, apple cinnamon tarts, chocolate mousse cake, chocolate ganache tarts, berry cheesecake, nougat, macarons, and classic bars. Changes seasonally.

## Chicken | Moroccan Kebabs Kit

### \$20.00 per serving

#### CHICKEN - MORROCAN KABOB (MIN 6)

2 kabobs of boneless, skinless chicken breast marinated in yogurt and morrocan spices, skewered with peppers, onion, olives and apricots

#### WILD RICE PILAF

fragrant wild and basmati rices cooked in a flavourful vegetable broth with dried cranberries

#### SEASONAL GREEN

organic mesclun greens, cucumber, red-peppers, baby radish, pumpkin seeds, green onion, dried cranberries, with a herb vinaigrette

#### PLATTER - SEASONAL FRUIT SELECTION

grapes, blackberries, raspberries, blueberries, plus pineapples, assorted

melons \*items may change based on availability

### Chicken | Sundried Tomato Pasta

### \$17.00 per serving

#### CHICKEN - WARM CHICKEN SALAD (MIN 6)

roasted chicken breast, gemelli with fresh vegetables and a sundried tomato sauce

#### SEASONAL GREEN

organic mesclun greens, cucumber, red-peppers, baby radish, pumpkin seeds, green onion, dried cranberries, with a herb vinaigrette

#### ARTISAN BREAD AND BUTTER

mixed bread from Terra Breads, served with sea salt and butter.

#### DESSERTS ASSORTED - SMALL

tarts and squares such as; classic lemon tarts, apple cinnamon tarts, chocolate mousse cake, chocolate ganache tarts, berry cheesecake, nougat, macarons, and classic bars. Changes seasonally.

## Hot Panini | Broiled Chicken Kit

### \$15.50 per serving

**PANINI HOT - BROILED CHICKEN (MIN 6)** Broiled chicken panini, brie, apple, mayo, grilled on ciabatta.

#### HOMESTYLE COOKIES - ASSORTED VARIETY

Mixed homestyle cookies, chocolate earl grey, vegan oatmeal raisin, walnut orange, chocolate chip hazelnut.

#### SEASONAL SOUP

Chef special seasonal soup. Always vegetarian.

## Hot Panini | Italian Sandwich Kit

## \$15.50 per serving

**PANINI HOT - ITALIAN SANDWICH (MIN 6)** Capicollo, roasted peppers, provolone, grilled on ciabatta.

#### HOMESTYLE COOKIES - ASSORTED VARIETY

Mixed homestyle cookies, chocolate earl grey, vegan oatmeal raisin, walnut orange, chocolate chip hazelnut.

#### SEASONAL SOUP

Chef special seasonal soup. Always vegetarian.

## Hot Panini | Vegetarian Sandwich Kit

### \$15.50 per serving

#### PANINI HOT - VEGETARIAN SANDWICH

roasted red peppers, zucchini, eggplant, provolone, pickled eggplant and sundried tomato mayonnaise, on roasted ciabatta.

#### HOMESTYLE COOKIES - ASSORTED VARIETY

Mixed homestyle cookies, chocolate earl grey, vegan oatmeal raisin, walnut orange, chocolate chip hazelnut.

#### SEASONAL SOUP

Chef special seasonal soup. Always vegetarian.

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## Hot Wrap | Lemongrass Chicken Kit

### \$17.00 per serving

#### WRAP HOT - LEMONGRASS CHICKEN (MIN 6)

grilled marinated lemongrass chicken breast, mayo, pickled carrot, green onion, and veg.

#### SEASONAL GREEN

organic mesclun greens, cucumber, red-peppers, baby radish, pumpkin seeds, green onion, dried cranberries, with a herb vinaigrette

#### PLATTER - SEASONAL FRUIT SELECTION

grapes, blackberries, raspberries, blueberries, plus pineapples, assorted melons \*items may change based on availability.

#### DESSERTS ASSORTED - SMALL

tarts and squares such as; classic lemon tarts, apple cinnamon tarts, chocolate mousse cake, chocolate ganache tarts, berry cheesecake, nougat, macarons, and classic bars. Changes seasonally.

## Hot Wrap | Pulled Pork Kit

### \$17.00 per serving

#### WRAP HOT - PULLED PORK (MIN 6)

hand rubbed, slow braised cuban style pork, bbq sauce, shredded slaw, caramelized onions and cheese

#### CAESAR SALAD

crisp baby romaine hearts and croutons tossed with a classic housemade Caesar dressing, shavings of grana padano cheese, garlic and lemon

#### HOMESTYLE COOKIES - ASSORTED VARIETY

Mixed homestyle cookies, chocolate earl grey, vegan oatmeal raisin, walnut orange, chocolate chip hazelnut.

#### SEASONAL SOUP

Chef special seasonal soup. Always vegetarian.

## Lasagna | Beef Bolognese Kit

### \$17.00 per serving

#### LASAGNA - BOLOGNESE (MIN 6)

lasagna pasta layered with bolognese, bechamel and grana padano cheese.

#### CAESAR SALAD

crisp baby romaine hearts and croutons tossed with a classic housemade Caesar dressing, shavings of grana padano cheese, garlic and lemon

#### HOMESTYLE COOKIES - ASSORTED VARIETY

Mixed homestyle cookies, chocolate earl grey, vegan oatmeal raisin, walnut orange, chocolate chip hazelnut.

#### PLATTER - SEASONAL FRUIT SELECTION

grapes, blackberries, raspberries, blueberries, plus pineapples, assorted melons \*items may change based on availability

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## Lasagna | Turkey Al Forno Kit

### \$17.00 per serving

#### LASAGNA - TURKEY AL FORNO (MIN 6)

Layers of fresh pasta with tomato turkey sauce, spinach and ricotta cheese and bechamel sauce au gratin

#### CAESAR SALAD

crisp baby romaine hearts and croutons tossed with a classic housemade Caesar dressing, shavings of grana padano cheese, garlic and lemon

#### HOMESTYLE COOKIES - ASSORTED VARIETY

Mixed homestyle cookies, chocolate earl grey, vegan oatmeal raisin, walnut orange, chocolate chip hazelnut.

#### PLATTER - SEASONAL FRUIT SELECTION

grapes, blackberries, raspberries, blueberries, plus pineapples, assorted melons \*items may change based on availability

## Lasagna | Roasted Vegetable Kit

### \$17.00 per serving

#### LASAGNA - BOLOGNESE (MIN 6)

lasagna pasta layered with bolognese, bechamel and grana padano cheese.

#### CAESAR SALAD

crisp baby romaine hearts and croutons tossed with a classic housemade Caesar dressing, shavings of grana padano cheese, garlic and lemon

#### PLATTER - SEASONAL FRUIT SELECTION

grapes, blackberries, raspberries, blueberries, plus pineapples, assorted melons \*items may change based on availability

#### HOMESTYLE COOKIES - ASSORTED VARIETY

Mixed homestyle cookies, chocolate earl grey, vegan oatmeal raisin, walnut orange, chocolate chip hazelnut.

## Quesadilla | Chicken or Vegetarian Kit

### \$15.00 per serving

#### QUESADILLA - CHICKEN OR VEGETARIAN (MIN 6)

Spiced chicken breast, refried beans, mixed vegetables, cheese and fresh cilantro in a grilled flour tortilla served with sour cream and salsa fresca

#### SALAD - BLACK BEAN & CORN

a mixture of crunchy vegetables, black bean, corn, and a spicy mexican vinaigrette

#### HOMESTYLE COOKIES - ASSORTED VARIETY

Mixed homestyle cookies, chocolate earl grey, vegan oatmeal raisin, walnut orange, chocolate chip hazelnut.

#### PLATTER - SEASONAL FRUIT SELECTION

grapes, blackberries, raspberries, blueberries, plus pineapples, assorted melons \*items may change based on availability

# Lunch & Dinner Kits (Room Temp)

## Baguettes, Fruit & Cookies Kit

### \$12.00 per serving

#### **BAGUETTE - MIXED SELECTION**

served on soft white baguettes with a variety of combinations: house roasted beef with havarti, harissa roasted chicken with feta, roasted veggie with hummus (vegan available), house made albacore tuna (we cook our own tuna and don't use canned!), all natural 'Fraser Valley' hamand edam

#### FRUIT SKEWER - KEBAB (MIN 12)

Seasonal fruit skewer

#### HOMESTYLE COOKIES - ASSORTED VARIETY

Mixed homestyle cookies, chocolate earl grey, vegan oatmeal raisin, walnut orange, chocolate chip hazelnut.

## **Croissant Sandwich Kit**

### \$11.50 per serving

#### **CROISSANT SANDWICHES (MIN 6)**

Same filling as the deli basket sandwiches, but on butter croissants. Vegetarian options included.

#### SALAD - CAESAR (MIN 6)

crisp baby romaine hearts and croutons tossed with a classic housemade Caesar dressing, shavings of grana padano cheese, garlic and lemon

#### HOMESTYLE COOKIES - ASSORTED VARIETY

Mixed homestyle cookies, chocolate earl grey, vegan oatmeal raisin, walnut orange, chocolate chip hazelnut.

## Sandwiches, Fruit & Cookies Kit

### \$11.00 per serving

#### DELI SANDWICH - BASKET

served on a variety of breads & buns with a variety of fillings including, house roasted beef with havarti, harissa roasted chicken with feta, roasted veggie with hummus (vegan available), house made albacore tuna (we cook our own tuna and don't use canned!), all natural 'Fraser Valley' hamand edam

### FRUIT SKEWER - KEBAB (MIN 12)

Seasonal fruit skewer

#### HOMESTYLE COOKIES - ASSORTED VARIETY

Mixed homestyle cookies, chocolate earl grey, vegan oatmeal raisin, walnut orange, chocolate chip hazelnut.

## Wraps, Salad, Fruit & Cookies Kit

### \$13.50 per serving

#### WRAP - ASSORTED (MIN 4)

Mixed wraps, with an assortment of deli meat, and vegetarian options.

#### SALAD - RED NUGGET POTATO & GREEN BEAN

steamed red nugget potatoes, with french green beans, and julienned peppers, lemon dill dressing

FRUIT SKEWER - KEBAB (MIN 12) Seasonal fruit skewer

#### HOMESTYLE COOKIES - ASSORTED VARIETY

Mixed homestyle cookies, chocolate earl grey, vegan oatmeal raisin, walnut orange, chocolate chip hazelnut.

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# Room Temp Canapés (Min 24 each) - Contact us for many more options!

#### ARANCINI

crisp risotto balls stuffed with provolone, sundried tomatoes & basil oil (hot).

#### \$2.25 / each

#### ASIAN SCALLOP BLT

seared BC Qualicum Bay scallops stuffed with honey'd bacon, cherry tomato, pea sprouts and a ginger miso cream.

\$4.00 / each

#### **BRAISED BEEF PROFITEROLE**

braised 'Sterling Silver' beef in a pepper and gruyere crusted gougere with chervil mustard cream and pickled red onion (hot).

\$2.25 / each

#### FIG AND GOAT CHEESE TARTS

red wine stewed figs, caramelized onion and local goat cheese on crisp puff pastry.

\$2.25 / each

#### LAMB SKEWERS

lamb skewers with tahini yogurt, harissa and red pepper coulis (hot).

\$2.50 / each

#### MINI STUFFED POTATOES

baby potatoes stuffed with crushed potato, bacon and shallots, garnished with creme fraiche and chive.

\$2.50 / each

#### MINI ZUCHINNI ECLAIRS

savoury eclair filled with a sweet and tangy zucchini relish and creamy feta cheese

\$2.50 / each

#### PEKING STYLE DUCK

'Yarrow Meadow Farms' duck, in a ginger crepe roll with a spring onion snap pea salad and chili honey hoisin.

\$3.00 / each

#### SESAME CHICKEN SKEWERS

black and white sesame crusted 'Maple Hill Farms' chicken skewer with a sweet lemon miso dipping sauce (hot).

\$2.50 / each

#### SMOKED SALMON TARTARE

savoury smoked salmon with cucumber, dill, red onion and lemon, with a lemon cream in a savoury sesame waffle cup.

#### \$2.50 / each

#### STUFFED PEPPADEWS

sweet and spicy peppadew peppers stuffed with feta, pine nuts and roasted garlic.

#### \$2.25 / each

#### TANDOORI CHICKEN SKEWER

Moist and juicy tandoori Farmcrest chicken skewers with cilantro raita dipping sauce (mildly spiced) (hot).

#### \$2.50 / each

#### WILD SALMON SKEWERS

wild BC sockeye salmon with a coriander and orange glaze, garnished with cilantro (hot).

\$2.50 / per person



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# Platters

#### ANTIPASTO (GRILLED VEGETABLES)

Grilled radicchio, grilled asparagus, grilled zucchini, grilled red pepper, shaved Grano Padano cheese, marinated artichokes, assorted olives, with crusty artisan bread.

#### \$6.25 / per person

#### ANTIPASTO (PREMIUM)

grilled asparagus and eggplant, golden peppadew peppers (spicy), artichoke hearts, prosciutto, house pickled carrots, marinated gigante beans and Terra Breads.

\$8.00 / per person

#### ANTIPASTO (SEASONAL)

genoa salami, grilled zucchini, marinated mushrooms, marinated artichoke hearts, olives, chevre with pesto and roasted peppers, marinated green beans, and 'Terra Breads' baguette.

#### \$8.00 / per person

#### CHARCUTERIE - HOUSE-MADE

'Fraser Valley' duck rillettes, 'Maple Hill Farms' chicken liver parfait, 'Fraser Valley' terrine de campagne, housemade confitures, pickled cipollini onions, cornichons, Terra Breads baguette and dried fruit crisps.

\$9.00 / per person

#### CHEESE (DOMESTIC)

assorted fine local and national cheeses with the season's fruit, nuts, dried fruit, and confitures

#### \$6.00 / per person

#### CHEESE (INTERNATIONAL)

assorted fine international cheeses with the season's fruit, dried fruit, housemade confitures, with crisps and mixed Terra Breads.

#### \$6.50 / per person

#### CHINESE APPETIZER VEGETABLES

spicy broccoli, marinated shitake mushrooms, zucchini, red peppers, Chinese sausage, smoked tofu, edamame.

\$5.50 / per person

#### CHINESE CRUDITE

broccoli, green beans, baby carrots, cauliflower and cucumber with a creamy soy garlic, ginger and cilantro dip.

\$4.25 / per person

#### CHINESE STYLE JELLYFISH

sesame flavoured jellyfish, please choose level of spiciness.

\$3.00 / per person

#### CHINESE STYLE JELLYFISH & BEEF

sesame & chilli jellyfish with cold braised beef & house pickled vegetables.

#### \$4.00 / per person

#### CURED MEAT & CONDIMENTS BOARD

cured artisan meats - D-Original Sausage Co.: spicy matador, saucisson sec and holstein salami, with our own pate de campagne, olives, manchego & grana padano cheeses, pickled carrots, radishes, mostarda, pear rosemary confiture, cornichons red pepper puree & black olive tapenade. Fresh breads and crisps.

\$6.50 / per person

#### FRUIT & DOMESTIC CHEESE DISPLAY

domestic cheeses & seasonal fruit platter with organic Terra Bread & crisps.

\$6.00 / per person

#### HERB MARINATED GOAT CHEESE

herb, garlic and olive oil marinated goat cheese, baguette, & crackers.

\$6.00 / per person

#### MARINATED COLD SHELLFISH

black bean mussels, sweet chilli spot prawns, lime and black pepper scallops, pickled vegetables.

\$15.00 / per person

#### PLOUGHMAN'S BOARD

a mixture of fresh sliced meats (salami, ham, roasted chicken), mixed pickles, olives, and domestic cheeses - with mustard, mayo, crackers, and baguette

#### \$8.00 / per person

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#### **MEZZE SELECTION**

mediterranean feta, roasted tomatoes, d-Original Matator salami, pickled eggplant, olives, hummous, lavash chips.

#### \$7.00 / per person

#### PORK TERRINE W/ FIVE SPICE

inspired by head cheese, 'Fraser Valley' pork terrine served with house pickles.

#### \$5.50 / per person

#### ROASTED BRINED PORK LOIN & MINI BUNS

Brined & roasted 'Fraser Valley' pork loin with fresh buns, red onion, and a soy and cilantro mayonnaise.

#### \$7.00 / per person

#### **ROASTED SPICED NUTS**

house roasted nuts: curried cashews, sweet chilli almonds, spiced almonds.

#### \$3.25 / per person

#### **ROASTED TURKEY**

roasted 'JD Farms' turkey breast with fresh buns, roasted garlic mayonnaise, sage cranberry confiture, and mini-buns.

#### \$9.00 / per person

#### SEARED TUNA (ALBACORE)

seared albacore tuna, pickled ginger, pickled carrots, a daikon and shitake mushroom, soy vinaigrette, wasabi mayonnaise, crispy wonton and baby gem lettuce.

#### \$9.00 / per person

#### SEASONAL FRUIT SELECTION

grapes, blackberries, raspberries, blueberries, plus pineapples, assorted melons \*items may change based on availability.

#### \$4.00 / per person

#### SLOW ROAST SLICED BEEF & MINI BUNS

tender 'Sterling Silver' roast beef with fresh buns and assorted accompaniments: grainy mustard mayonnaise, horseradish and roasted garlic cream, sliced red onion.

#### \$7.50 / per person

#### SMOKED PACIFIC-NORTHWEST FISH

cold smoked halibut and albacore tuna, smoked black cod, and spring salmon, capers, red onion and lemon, crostini and fresh bread.

\$8.00 / per person

#### SMOKED WILD SALMON SELECTION

smoked spring salmon, maple nuggets, fresh lox, salmon jerky, double smoked salmon sticks, lemon confiture, lemon dill cream cheese, & artisan baguette.

\$7.25 / per person

#### TAPAS SELECTION

serrano ham, mixed olives, toasted salted almonds, manchego cheese, gigantes beans, marinated mushrooms, ciabatta bread.

\$8.00 / per person

#### TRIO OF DIPS

Baba ghanouj, herb dip, and hummus accompanied by pita crisps & crostini.

\$4.25 / per person

#### VEGETABLE CRUDITES SELECTION

baby carrots, cucumber, french green beans, cauliflower, red peppers, radish, and seasonal veg, herbed yogurt dip and hummus

\$4.00 / per person



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# **Desserts & Other**

## Sweets

**BISCOTTI (2PCS)** chef biscotti selection, comes in packs of two (2)

\$2.30 / each

\$2.50 / each (wheat free option)

**BISCUIT SELECTION** a selection of shortbreads, sugar cookies, chocolate cookies

1 Serving \$1.50 / per person

**BROWNIE - DOUBLE ESPRESSO** espresso infused double chocolate brownies

\$2.50 / each

**CREAM PUFF - 3" - VANILLA CHOCOLATE** Vanilla pastry cream and whipped cream, chocolate fondant

1 Serving \$3.00 / each

#### CUPCAKE SMALL - CHOCOLATE & MALTED STOUT (MIN 12)

rich mini chocolate and stout cupcakes with malted buttercream

\$2.25 / each

**COOKIE - WHEAT FREE** Wheat Free / Gluten Free Cookie

\$2.00 / each

**VEGAN LOAF - PUMPKIN, RAISIN, PECAN** Vegan loafs, pumpkin, raisin & pecan

\$3.00 / each

#### **DESSERTS ASSORTED**

tarts and squares such as; classic lemon tarts, apple cinnamon tarts, chocolate mousse cake, chocolate ganache tarts, berry cheesecake, nugette, macarons, and classic bars. Changes seasonally.

(Large) \$3.50 / per person (Small) \$2.50 / per person FINE COOKIES Chocolate Dipped Madeleines (Mininmum 12) belgian chocolate dipped, orange zested madeleines

**Financier (Minimum 12)** brown butter financiers, with lemon zest, and almonds - rich and moist mini 'gold bar' cakes

\$1.00 / each

HOMESTYLE COOKIES chocolate earl grey, vegan oatmeal raisin, walnut orange, and chocolate chip hazelnut

1 Serving \$2.00

# Snacks

#### **CHIPS - CRISPY POTATO** old Fashioned house-made crisp cut potato chips, lightly salted and flavoured with cracked pepper

\$2.00 / per person

GRANOLA - BAR

homemade granola bars, with coconut, toasted oats, cashews, cinnamon, honey, raisins, currants

\$4.00 / each

**ROASTED SPICED NUTS (MIN 8)** house roasted nuts: curried cashews, sweet chilli almonds, spiced almonds.

\$3.25 / per person

#### TORTILLA CHIPS & HOUSEMADE SALSA (MIN 8)

house-made tortilla chips, and house-made salsa

\$3.50 / per person

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# Dessert Canapes (48 Hours Notice)

#### APPLE CARAMEL TARTS (MIN 12)

apple and caramel tart, with frangipane, in a crisp sweet pastry

\$2.75 / each

#### CHOCOLATE GANACHE TART (MIN 12)

crisp chocolate tart filled with chocolate ganache & garnished with seasonal fruit & candied orange zest

#### \$2.75 / each

EARL GREY MACARONS (MIN 12) earl grey macaron with dark chocolate ganache

\$2.25 / each

#### FIVE-SPICE PROFITEROLES (MIN 12)

Chinese five-spice crusted profiteroles with vanilla pastry cream  $\&\$  seasonal berries

\$2.50 / each

# **Celebration Cakes & Design**

#### CAKE ART WORK (PER HOUR)

\$30.00 / each

#### **CELEBRATION CAKES**

3 layer sheet cake with your choice of flavour, filling and frosting

16 x 12"	Serves approx. 50	\$150.00
16 x 24"	Serves approx. 90 - 110	\$275.00
8 x 12"	Serves approx. 25	\$80.00
8 x 8"	Serves approx 12	\$50.00
8" Rnd	Serves approx. 8	\$ 32.00

MINI ECLAIRS (MIN 12) strawberry, pistachio, vanilla cream | chocolate on chocolate | hazelnut & chantilly cream

\$2.50 / each

LEMON TARTS (MIN 12) tangy, lemon curd in a crisp pastry shell with bruleed meringue

\$2.50 / each

WHITE VERRINE (MIN 12) vanilla poundcake with white chocolate mousse and lemon chiboust cream, white chocolate shavings in a small votive glass

\$3.00 / each



### CUPCAKE - LARGE (MIN 12)

Large cupcakes, minimum 12 per order

\$4.00 / each

CUSTOM LOGO ON CUPCAKES (1.5 WEEKS NOTICE)

Custom logo on our large cupcakes - perfect for any occasion!

\$1.25 / + per priced cupcake

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# Beverages

# Cold

COLD ASSORTED BEVERAGES \$2.25 / each

JUICE - 355ML Apple , Grape or Orange

\$2.50 / each

POP - ASSORTED \$2.25 / each

**SPRITZER - PELLEGRINO** Aranciata or Limonata

\$2.50 / each

SPRITZER - R.W. KNUDSON \$2.25 / each

WATER - BOTTLED - SMALL \$2.00 / each

WATER - SPARKLING - LARGE \$6.50 / each

WATER - SPARKLING - SMALL \$2.50 / each

SAVOURY CHEF FOODS IS FULLY LICENSED TO PROVIDE MOBILE BAR SERVICE TO YOUR OFFICE EVENT!

CONTACT US ABOUT YOUR NEXT SPECIAL EVENT: 604-357-7118 WWW.SAVOURCHEF.COM

## Hot

**CIDER** Air-Pot - 10 Cups. Apple or Cranberry

\$35.00

**COFFEE** Air-Pot - Caffee Umbria - Gusto Crema - 10 Cups

#### \$21.00

**COFFEE - DE-CAF** Air-Pot - Caffe Umbria - Decaf - 10 Cups

\$21.00

**HOT-CHOCOLATE** Air-Pot - 10 Cups

\$35.00

**TEA** Air-Pot - Arielle - 10 Cups

\$21.00

**ESPRESSO BAR** Contact and ask us for more information!

# Policies

## Ordering

We appreciate 48hrs notice when ordering, but inquire with us for any last minute requests. We will try our best. Upon processing your order, a confirmation will be emailed to you. Please take the time to review the details.

## **Delivery Hours**

We are open Monday through Saturday. A minimum food order of \$1000 is required for a Sunday function.

## Delivery

We offer free delivery in the downtown core and vicinity on orders in excess of \$200 before tax. Delivery is available between the hours of 7:00 am to 5:30 pm. Delivery charges outside the designated area and orders under \$200 are determined by your location, time of day and building accessibility. Please ask your event planner for the delivery charge in your area. Delivery is available throughout the lower mainland.

There are no delivery charges for catered functions with service staff.

## Dish Pick-up

We ensure that all items are presented tastefully. All trays, bowls, baskets, platters and serving utensils will be picked up within a few days of the function. Please ensure all trays are clear of food and in one designated area. Any missing or damaged equipment caused by the client will be invoiced separately. Please inform us if any dishes have been moved.

If you require a same day pick up of the trays, please contact us,o as soon as possible to schedule a specific pick up time. An additional charge will apply.

## Payments

All first time clients require a valid credit card for security purposes. Any order requiring staff and/or rentals requires a 50% deposit to hold the event. Final payment is due the day of the event. We accept cash, cheques, ETF, email e-send, and most major credit cards.

Corporate accounts may be established with our accounting department. All accounts are payable within 15 days of the order.

## Event Planning / Service Functions

Our event co-coordinators would be happy to assist you with all aspects of planning your event. We can help you with site location, décor, menu planning, wine choices, rentals, staffing, valet, flowers and entertainment, as well as other services to make your event spectacular.

## Holiday Party & Summer BBQs

Yes we can help! Contact one of our event specialist for more information. We'd love to work with you on your corporate special event.



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## About Us

Savoury Chef Foods began as a personal catering business and, through the support of a loyal client base, gradually grew to bigger events with more elegant and extravagant menus. From innovative Asian inspired cuisine, to classic favourites, we can concoct delightful meals within a range of culinary genres.

Sourcing local, seasonal ingredients is our team's primary source of inspiration; they believe nothing tastes better than market fresh produce or locally farmed meats, and this ongoing search for the best that BC has to offer drives the continual renewal of all of our menus. This not only contributes to a positive and nutritional dining experience but it also supports small business, local farmers & suppliers. We only use sustainably sourced seafood that are OceanWise and Seachoice approved.

Sharing in the excitement and anticipation of your big event drives us; we genuinely enjoy building relationships with each of our clients and helping in the realization of their unique visions. We love what we do because of the enthusiasm, support and dedication of our clients, guests and vendors.

Savoury Chef Foods is not just a catering company, we are a full service event coordinators as well. We not only provide you with a delicious menu but we can also coordinate other special event necessities such as mobile bartending services, rentals, staff and much more.

## The Team

Youthful, energetic and passionate best describe the team of professionals that Chef Taryn has assembled around herself. With a shared passion for sustainable and local products as well as a drive to bring modern menus & event services to Vancouver, the team at Savoury Chef Foods has quickly garnered a reputation for being some of the best in the industry.



## We are a Featured Caterer at These Venues:

- Vancouver Lookout
- UBC Boathouse
- Hycroft Mansion
- Waterfall Building
- Nikkei Centre
- Roundhouse Community Centre
- $\cdot$  False Creek Yacht Club
- $\cdot \text{ Bill Reid Gallery}$
- Zone Vancouver
- Granville Island Brewery
- Fly Over Canada
- The Permanent Building
- The Imperial

## Contact Us

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